

Eaton RESA Early College Program of Study Plan

Kinesiology/Exercise Science A.A.S. – (Curriculum Code: 1639) – Sports Medicine Year 1

Schedules are subject to change

11 th Year						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
ERESA Class Fall and Spring (Year Long)	PFHW 163 – Healthy Lifestyles	2/3	NONE	Read=5, Write=6	F, Sp	
	PFKN 170 – Foundations of Kinesiology	3/3	NONE	Read=5, Write=6	F, Sp	
	PFKN 106 – Group Fitness Instructor Prep	3/4	NONE	Read=5, Write=4	Sp	
	PFFT 109 – Introduction to Fitness	1/2	NONE	NONE	F, Sp	
	PFKN 210 – Athletic Training Principles	3/4	NONE	Read=5, Write=6	Sp	

Summer						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Summer	*PHIL 152 – Intro to Ethics	4/4	NONE	Read=5, Write=6	F, Sp	
	*SOCL 120 – Introduction to Sociology	4/4	NONE	Read=5	F, Sp	

12 th Year						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Fall	ENGL 121 – Composition I NEED minimum GPA of 2.0 in class	4/4	NONE	Read=5, Write=6	F, Sp, Su	
	PFKN 260 – Growth and Motor Behavior	3/3	NONE	Read=5, Write=6	F, Sp	
Spring	*HUMS 214 – World Civilizations	4/4	NONE	Read=5, Write=6	F, Sp	
	BIOL 201 – Human Anatomy NEED minimum GPA of 2.0 in class	4/6	NONE	Read=5, Write=6, Math=4	F, Sp	

Summer						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Summer	ENGL 122 – Composition II	4/4	ENGL 121 (2.0 min.)	Read=5, Write=8	F, Sp, Su	
	PSYC 200 – Introduction to Psychology	4/4	NONE	Read=5	F, Sp	

13 th Year						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Fall	BIOL 202 – Human Physiology	4/5	BIOL 201 (2.0 min.)	Read=5, Write=6, Math=5	F, Sp	
	PFWT 112- Intro to Weight Training	1/2	NONE	NONE	F, Sp, Su	
	PFKN 250 – Measurements in Kinesiology	3/4	NONE	Read=5, Write=6, Math=3	F, Sp	
	*MATH 120 – College Algebra (or higher)	4/4	NONE	Read=5, Write=4, Math=6	F, Sp	
Spring	PFKN 200 – Exercise Physiology	3/3	BIOL 201 & 202 (2.0 min.)	Read=5, Write=6, Math=3	F, Sp	
	PFKN 201 – Exercise Physiology Lab	1/2	BIOL 201 & 202 (2.0 min.), PFKN 200 concurrent	Read=5, Write=6, Math=4	F, Sp	
	PFKN 208 – Biomechanics	3/3	BIOL 201 & 202 (2.0 min.)	Read=5, Write=6, Math=4	F, Sp	
	CHEM 151 – General Chemistry NEED minimum GPA of 2.0 in class	4/4	NONE	Read=5, Write=6, Math=6	F, Sp	
	CHEM 161 – General Chemistry Lab	1/3	CHEM 151 (2.0 or concurrent)	Read=5, Write=6, Math=6	F, Sp	

- Electives – can be substituted for another class

67 Total Credits/ 79 Billing Credits



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11 th Year						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
ERESA Class Fall and Spring (Year Long)	PFWW 163 – Healthy Lifestyles	2/3	NONE	Read=5, Write=6	F, Sp	
	PFKN 170 – Foundations of Kinesiology	3/3	NONE	Read=5, Write=6	F, Sp	
	PFKN 106 – Group Fitness Instructor Prep	3/4	NONE	Read=5, Write=4	Sp	
	PFFT 109 – Introduction to Fitness	1/2	NONE	NONE	F, Sp	
	PFKN 210 – Athletic Training Principles	3/4	NONE	Read=5, Write=6	Sp	

Summer						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Summer	*SOCL 120 – Introduction to Sociology	4/4	NONE	Read=5	F, Sp	

12 th Year						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Fall	ENGL 121 – Composition I NEED minimum GPA of 2.0 in class	4/4	NONE	Read=5, Write=6	F, Sp, Su	
	PFKN 260 – Growth and Motor Behavior	3/3	NONE	Read=5, Write=6	F, Sp	
Spring	*HUMS 214 – World Civilizations	4/4	NONE	Read=5, Write=6	F, Sp	
	BIOL 201 – Human Anatomy NEED minimum GPA of 2.0 in class	4/6	NONE	Read=5, Write=6, Math=4	F, Sp	

Summer						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Summer	ENGL 122 – Composition II	4/4	ENGL 121 (2.0 min.)	Read=5, Write=8	F, Sp, Su	

13 th Year						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Fall	BIOL 202 – Human Physiology	4/5	BIOL 201 (2.0 min.)	Read=5, Write=6, Math=5	F, Sp	
	PFWT 112- Intro to Weight Training	1/2	NONE	NONE	F, Sp, Su	
	PFKN 250 – Measurements in Kinesiology	3/4	NONE	Read=5, Write=6, Math=3	F, Sp	
	*MATH 120 – College Algebra (or higher)	4/4	NONE	Read=5, Write=4, Math=6	F, Sp	
Spring	PFKN 200 – Exercise Physiology	3/3	BIOL 201 & 202 (2.0 min.)	Read=5, Write=6, Math=3	F, Sp	
	PFKN 201 – Exercise Physiology Lab	1/2	BIOL 201 & 202 (2.0 min.) PFKN 200 Concurrent	Read=5, Write=6, Math=4	F, Sp	
	CHEM 151 – General Chemistry NEED minimum GPA of 2.0 in class	4/4	NONE	Read=5, Write=6, Math=6	F, Sp	
	CHEM 161 – General Chemistry Lab	1/3	CHEM 151 (2.0 or concurrent)	Read=5, Write=6, Math=6	F, Sp	
	PSYC 200 – Introduction to Psychology	4/4	NONE	Read=5	F, Sp	

60 Total Credits/ 72 Billing Credits

14 th Year – AFTER EARLY COLLEGE ENDS – AT YOUR OWN COST						
Semester	Course Name	Credit/ Billing	Course Prerequisites	Required Accuplacer Levels	Course Offerings	Course Grade
Fall	PFKN 208 – Biomechanics	3/3	BIOL 201 & 202 (2.0 min.)	Read=5, Write=6, Math=4	F, Sp	
	*PHIL 152 – Intro to Ethics	4/4	NONE	Read=5, Write=6	F, Sp	

- Electives – can be substituted for another class